

2007 Lake Murray Gymnastics Invitational

Competition Schedule

March 9-11, 2007

Hosted at:

Jamil Center

Columbia, SC

Friday, March 9, 2007

Session 1 – Level 2 (41)

4:00 Open Stretch
4:20 Timed Warm Ups
4:45 March In
5:45 Awards

Session 2 – Level 3 (46)

5:30 Open Stretch
5:50 Timed Warm Ups
6:20 March In
7:30 Awards

Session 3 – Prep 2 (35)

7:00 Open Stretch
7:30 Timed Warm Ups
8:10 March In
9:45 Awards

Saturday, March 10, 2007

Session 4 – Level 4 (63)

Teams-Sunburst, Carolina, Lake Murray, Carolina
Stars, Gymasters, Summerville YMCA, North
Florida

8:00 Open Stretch
8:30 Timed Warm Ups
9:45 March In
11:45 Awards

Session 5 – Level 4 (63)

Teams- Murrells Inlet, Thomas, Ocean Flippers,
AGC, Aiken, Dance South

12:00 Open Stretch
12:30 Timed Warm Ups
1:45 March In
3:45 Awards

Session 6 – Level 7& 10 (50)

4:00 Open Stretch
4:30 Warm up 1st Event
5:00 March In
8:15 Awards

Session 7 – Level 6 (26)

7:45 Open Stretch
8:15 Timed Warm Ups
8:45 March In
9:45 Awards

Sunday, March 11, 2007

Session 8 – Level 5 (60)

8:00 Open Stretch
8:30 Timed Warm Ups
9:45 March In
11:45 Awards

Session 9 – Level 8 & 9 (52)

11:45 Open Stretch
12:15 Warm Up 1st Event
12:45 March In
3:30 Awards

Session 10 – Prep 1 & Rookie (42)

3:30 Open Stretch
4:15 Timed Warm Ups
5:15 March In
6:45 Awards

Boy's Competition Schedule

Saturday, March 10, 2007

Session 1 – Level 4 (73)

9:30 Open Stretch
9:45 Timed Warm Ups
10:45 March In
12:00 Awards

Session 2 – Level 5 (44)

1:00 Open Stretch
1:15 Timed Warm Ups
2:05 March In
3:45 Awards

Session 3 – Level 6-10 (37)

4:00 Open Stretch
4:30 Warm Up 1st Event
4:50 March In
7:15 Awards