



Capital City Classic



SCHEDULE

Saturday, February 17th

Session 1: Prep 1,2 and Rookies – 40 gymnasts

11:30 Open Stretch

11:45 Warm Up

12:35 March In

12:50 Competition (Traditional Format)

2:15 Awards

Session 2: – Level 2 and 3 – 40 gymnasts

Gyms – April's (L2 and 3) , CGA (L3), Kozeev's (L2), Lake Murray (L3), Murrell's Inlet (L3)

2:30 Open Stretch

2:45 Warm Up

3:10 March In

3:25 Competition (Traditional Format)

4:05 Awards

Sunday, February 18th

Session 3: Level 2 (CGA and Allstar) ,Level 3 (Allstar) , Level 4 (Age 6 - 8 all gyms) – 40 gymnasts

9:30 Open Stretch

9:50 Warm Up

10:30 March In

10:45 Competition (Traditional Format)

11:55 Awards

Session 4: Level 4 (Age 9 and up) and Level 5 (Age 10 and up) – 36 gymnasts

12:10 Open Stretch

12:30 Warm Up

1:15 March In

1:30 Competition (Traditional Format)

2:45 Awards

Session 5: Level 5 (Age 7 – 9),Level 6, Level 7, Level 8, Level 9 — 38 gymnasts

3:00 Open Stretch

3:30 Warm Up

4:30 March In

4:45 Competition (Modified Traditional Format)

6:15 Awards